

ENVIRONMENTAL HEALTH

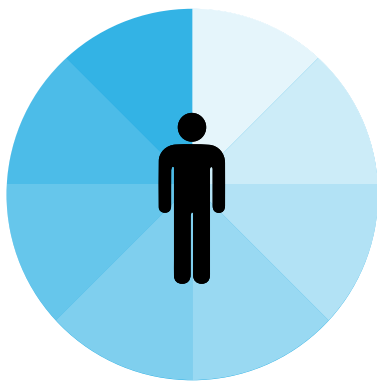
2017 Culture of Health Employee Needs and Program Interest Survey Results



EMPLOYEES RESPONDED

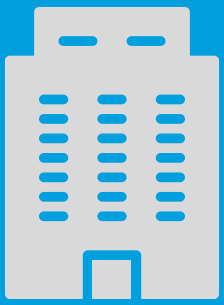


2 individuals "strongly interested" in being Culture of Health ambassadors



Most reported stress level "slightly high": 42% (an increase from 2015)

All reported stress levels remained at or about the same as 2015



Well-being is highly linked to engagement! Employees reported an increase in how well they feel Environmental Health is encouraging health behaviors.

56% are extremely or highly likely to recommend working at COR

64% are extremely or highly satisfied working at COR

Stay in the Know

The following County resources are here to support your well-being!

- Healthy Meetings & Activity Guidelines
- Board Policy for Use of County Facilities for Well-Being Activities
- Telemedicine from Amwell
- Farmers Markets

For resources from other County departments, visit Culture of Health's website



Fewer employees are taking their breaks

63% compared to 67% in 2015

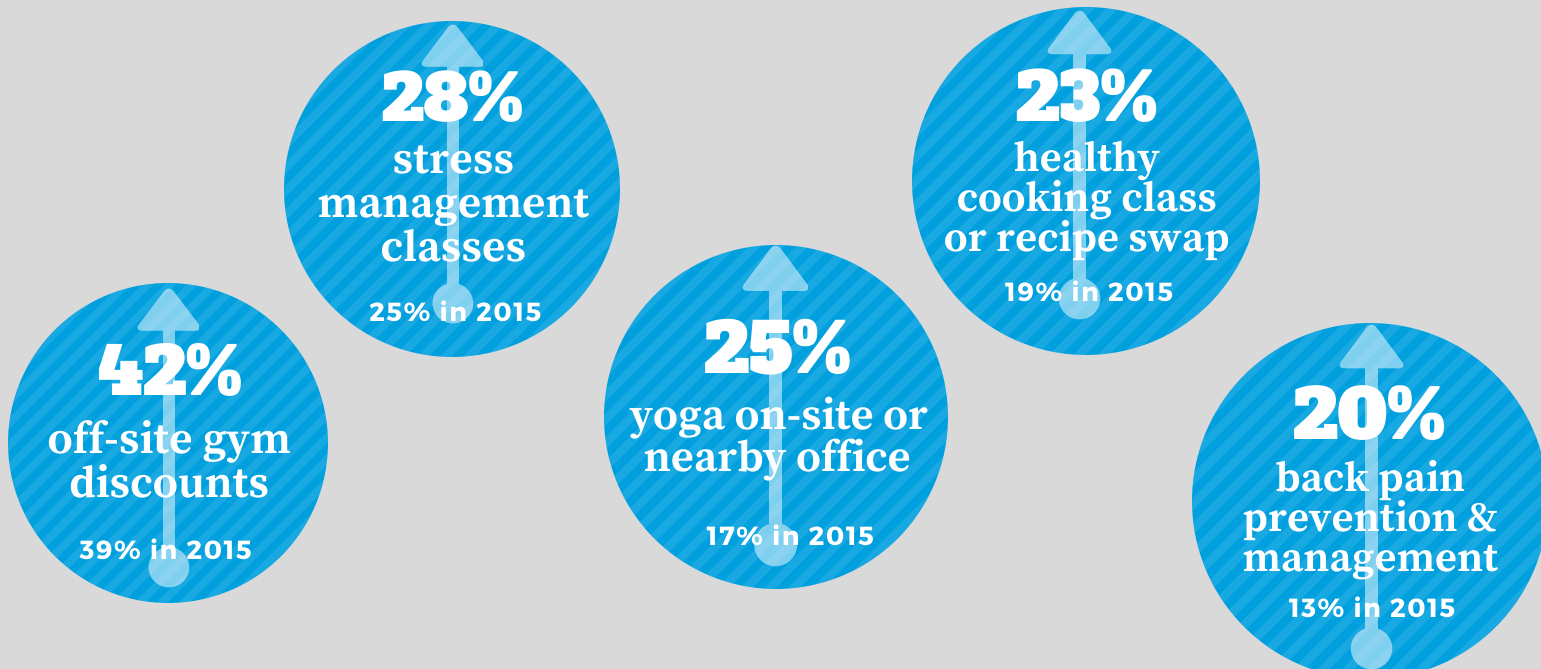
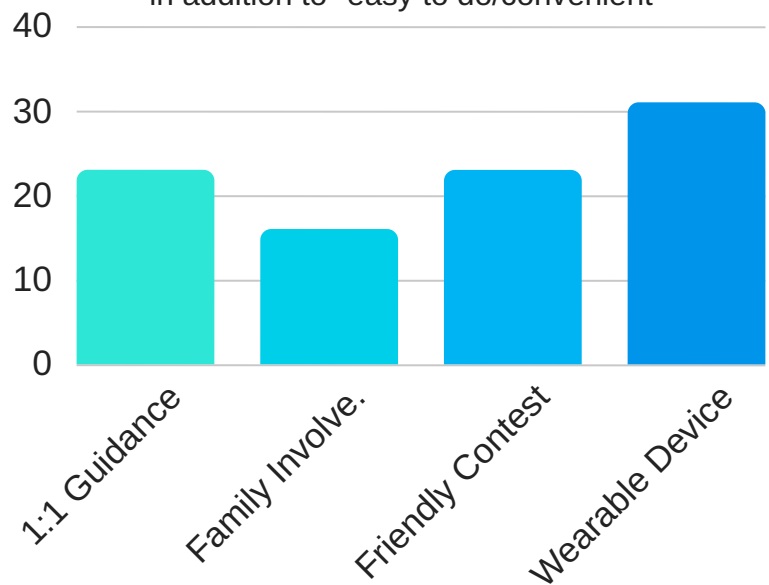
Taking breaks helps us stay focused, increase creativity, feel recharged, and prevent fatigue!

Top 5 Personal Health Goals

	2015	2017
Manage weight	65%	63%
Improve fitness	42%	38%
Drink more water	22%	31%
Improve sleep	13%	17%
Manage stress	25%	13%

Most Appealing Features of a Well-Being Program

in addition to "easy to do/convenient"



Activities You'll Likely Participate In